

## Verify Insurance Benefits

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone number: \_\_\_\_\_ Email: \_\_\_\_\_

Home address: \_\_\_\_\_

Insurance Plan: \_\_\_\_\_

Insurance ID Number: \_\_\_\_\_

Policy type:     PPO     HMO     POS     Other:

- Is nutrition counseling covered? *Please ask about these codes - 97802, 97803, 97804, 99401, 99402, 99403, 99404*
- Is my diagnosis covered? (you can get this diagnosis from your doctor)
- Is this benefit limited to a specific diagnosis or co-morbidity?
- Is the diagnosis code Z71.3 covered as preventive?
- Do I need a referral or prior authorization? Does my PCP need to make a direct referral to the insurance company?
- Is nutrition counseling covered when provided via telehealth?
- How many visits are covered per calendar year? *Depending on your particular insurance, the number of visits can vary from 0 to unlimited depending on medical need.*
- What is considered a calendar year for my current policy?
- Do I have a deductible for nutrition services? *In the event you have a deductible we will not be able to initially bill your insurance company directly. Therefore, payment of \$200 is due before each visit.*
- Do I have a co-pay for nutrition services? *For most insurance companies we are considered a specialist. Therefore, your specialist co-pay is applicable and is payable at the time of service. This information is often apparent on the front of your actual insurance card.*
- Is Elise Liu (NPI 1679053680) covered under my plan? If not, what are my out-of network nutrition benefits?
- Are there out-of-network benefits? If so, how many visits, deductible, copay/coinsurance?
- Write down the reference number for your call.